



HEREFORDSHIRE
PROVINCIAL
NEWSLETTER

The Craftsmen

Issue 79 - April 2023



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The Craftsmen

The Official Newsletter of the Province of Herefordshire

Issue 79 - April 2023

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Bringing you news from the Masonic Province of Herefordshire

Out and About



Widows Lunch

A great turnout at the Widows Luncheon held at Kyrle Street last Sunday 2nd April. Thank you to all those that supported the event



Pictured Right,
Brethren in Full
Yodel

Pictured Left
A great turnout
for the Widows
Luncheon



Bavarian Night

A great time was had by all at the Vaga Lodge Bavarian Bier Keller Night, being entertained by a top UK oompah band and a variety of German beers and sausages.

Malcolm Davies seen here in full Yodel.



THE HEREFORD MASONIC HALL
BOARD OF MANAGEMENT

**THE NEXT BREAKFAST CLUB WILL BE
MAY 6TH AT 9:30**

MENU CHOICES

FRIED EGG
BACON
BEANS
TOMATO
HASH BROWN
MUSHROOMS
BLACK PUDDING
TOAST
TEA OR COFFEE
ALL FOR 8.50P
FRUIT JUICES CAN BE PUR-
CHASED FROM THE BAR

**THE NEXT CORONATION
BREAKFAST CLUB, WILL
BE HELD
SAT. 6TH MAY
DOORS OPEN 9AM
BREAKFAST WILL BE
SERVED AT 9:30.
WE ARE UNABLE TO TAKE DEBIT/CREDIT
CARDS**

**THIS IS OPEN TO ALL FREEMASONS,
FRIENDS, FAMILY, NEWLY JOINED
BRETHREN,**

Further details for any event and to book go to the
Provincial Members' Website

<https://hmwma.herefordshiremasons.org.uk/events/>

Would I know the answer?

Did I know the answer?

By W Bro Dennis W. Roberts, PAGDC Group Leader Information and Guidance Group

I asked: Freemason's Hall Great Queen Street London; History?

Did you know that Freemason's Hall is the only Art Deco building in London which is still used for its original purpose? This grand structure in the Art Deco style and covering two acres, was built between 1927 and 1933 to act as the British headquarters of the United Grand Lodge of England. It was originally called the Masonic Peace Memorial in honour of Masons who perished in WWI. The name was changed to Freemason's Hall when the Second World War broke out. It was financed by donations from all Masons and Lodges at the time.

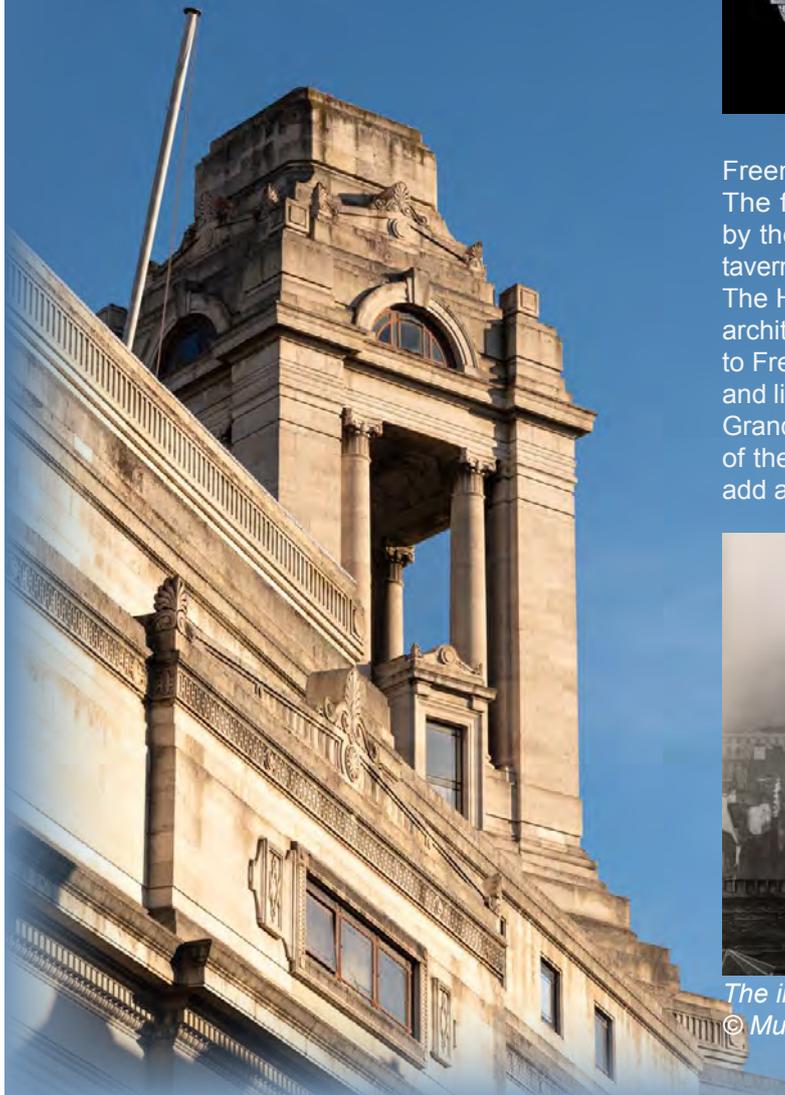
The building is constructed on a steel frame and faced with Portland stone. The cost of £1.3 million from the members was recognised by a special commemorative Masonic jewel, the Hall Stone Jewel, in silver for ten guineas or more and in gold for contributions of 100 guineas or more. Lodges who raised an average of 10 guineas per member were entitled to be known as Hall Stone Lodges.



Freemason's Hall is the third Mason's hall on the site. The first was built in 1775 in the area now occupied by the Connaught Rooms. It served as a combination tavern, meeting rooms, and theatre for the performing arts. The Hall was built by Thomas Sandby, RA, who won an architect's competition. From the start it was not limited to Freemasonry, but acted as avenue for balls, concerts and literary events. In 1814 Sir John Soane took over as Grand Superintendent of Works to look after the structure of the building. He remodelled the Hall in the 1820s to add a meeting room and a kitchen.



The innovative Steel frame structure can clearly be seen.
© Museum of Freemasonry, London

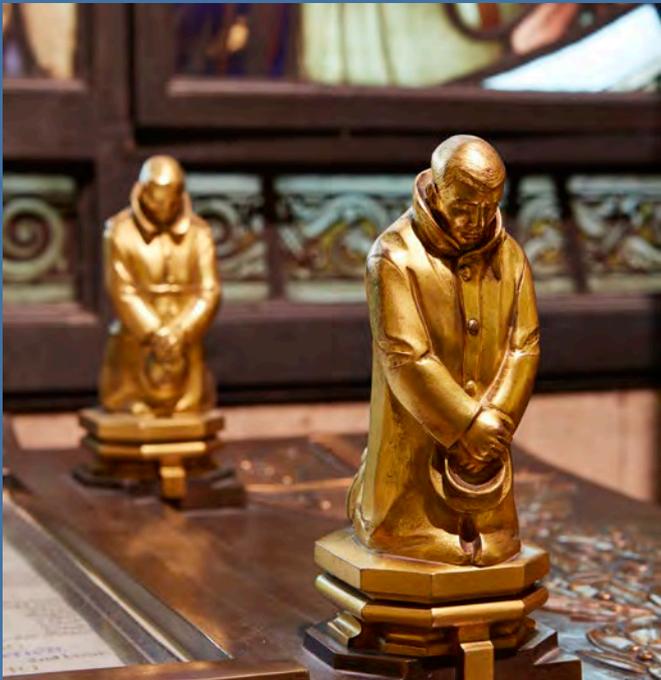


From 1862 the original Hall was rebuilt and extended, with the purchase of further land, by Frederick Pepys Cockerell. The second Freemason's Hall eventually became unsafe due to extensive fire damage in 1883, referred to in my last article concerning the Ark, and much of it was pulled down to make way for the current building.

Within Freemason's Hall is the Memorial Shrine, a memorial to the 3225 masons who perished in WWI. A gilt casket designed by Walter Gilbert, who also designed the Victoria Memorial outside Buckingham Palace, is in the centre. Freemason's Hall was dedicated on 19 July 1933 by HRH The Duke of Connaught, KG, acting as Grand Master.



Within the Hall are 24 temples, chambers used by various Masonic Lodges and Chapters as meeting rooms. Every temple is unique, and all are richly decorated in Art Deco style. At the core of the building is the Grand Temple, approached through massive bronze doors weighing over one ton each. The Temple chamber seats 1700 people and is often used for concerts and performances as well as a meeting place for Masonic Lodges in the Greater London area.



The Hall has appeared in numerous films and television series including Spooks, Sherlock Holmes, Johnny English and regular appearances in Agatha Christie's Poirot.

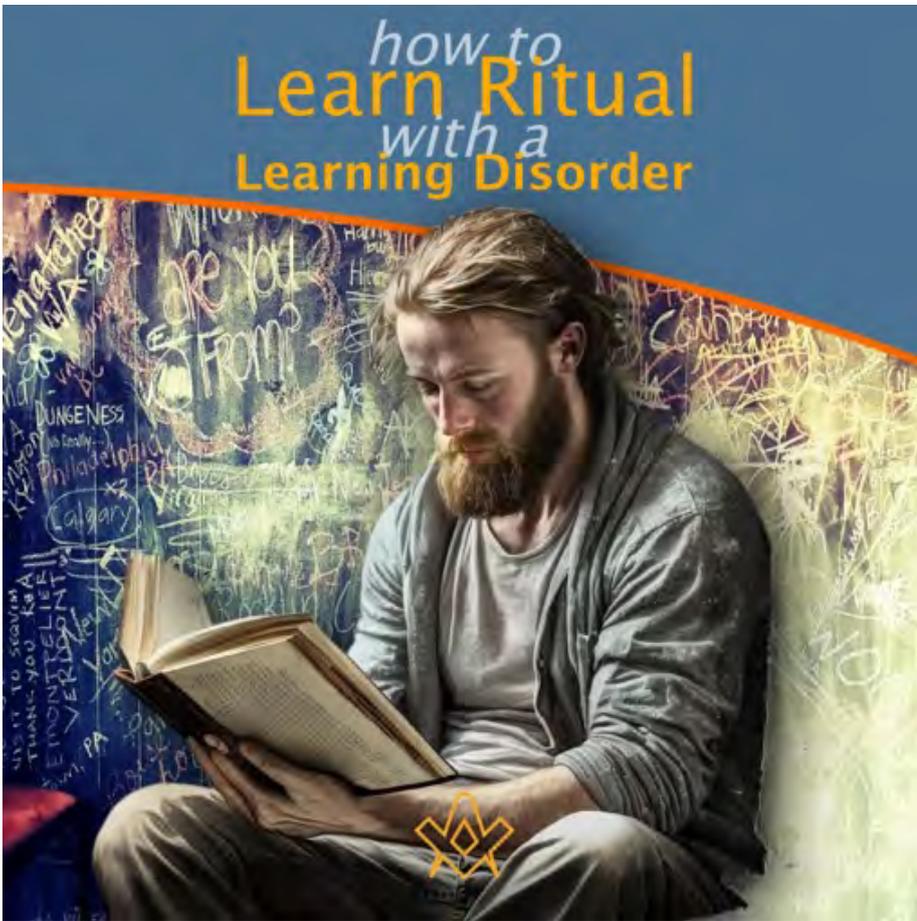


Many parts of the building are closed to the public except for regular guided tours. The Library and Museum of Freemasonry are however regularly open and free of charge. I do hope that all Herefordshire Masons get to visit and take the family too. They will all enjoy the experience.



If you have not visited the 'Solomon' site lately, you should. There are now Videos, Podcasts and Webinars available for more in depth explanations. Facebook and Twitter also offer links for more information.

****There is also a new link to Royal Arch Chapter which is worth a look.** Useful for future meetings when no candidate is available.**



What is a learning disorder?

There are many different types of learning disorders, some examples include:

Dyslexia: Difficulty in reading and interpreting written words.

Dyscalculia: Difficulty in understanding and working with numbers and math concepts.

Dysgraphia: Difficulty with writing, including issues with spelling, grammar, and organization.

Attention Deficit Hyperactivity Disorder (ADHD): Difficulty with attention and impulse control.

Auditory Processing Disorder (APD): Difficulty in processing and understanding information that is heard.

Nonverbal Learning Disorder (NLD): Difficulty in understanding nonverbal cues such as facial expressions, body language, and tone of voice.

Dyspraxia: – impaired coordination of physical movements

W Bro Andrew Moore PGMentor writes:- Many of us look on in awe at those Brethren that run through a Charge or Tracing board unaided with a perfect delivery. In reality it has probably taken hours of practice to get to that stage. But of course, we do not all learn in the same way or find it easy. When poring over that little blue book does not work, there may well be a reason and an alternative approach is required. There are many reasons why this may be the case.

I read the article below in the Square Magazine online and thought it would be useful to share with you all.

They have kindly allowed us to reprint it but you can view the original and other great articles online here.

<https://www.thesquaremagazine.com/mag/article/202303how-to-learn-ritual-with-a-learning-disorder/>

With an estimated 11.75% of people worldwide diagnosed with a learning disorder, it is highly likely that you have at least several members in your lodge that struggle with reading and learning the ritual.

This article focuses on what can be done to help make life easier for those with reading and learning difficulties, something that should never be a barrier to learning ritual or indeed, never cause anyone to be embarrassed. Learning difficulties DO NOT affect general intellect.

Learning Ritual – taking the plunge

So what do you do when faced with that little blue book? Most Masons when first looking at the ritual book can understandably be fazed – the tiny print, the missing words, the questions and answers!

Learning ritual can be a challenging task for anyone, especially individuals with learning disorders, but it is not impossible. Here are some tips to help make the process easier:

- **Start small:** Instead of trying to learn a complex ritual all at once, break it down into smaller, manageable pieces. This will make it easier to focus on one aspect of the ritual at a time and reduce the likelihood of feeling overwhelmed.
- **Use visual aids:** Visual aids such as diagrams or pictures can be helpful in understanding the different steps and components of a ritual. The use of mnemonics such as in the Memory Palace

method could be a great way to remember key points or answers to questions.

- Repeat, repeat, repeat: Repetition is key when learning a new ritual. The more you practice, the more familiar the ritual will become and the easier it will be to remember.
- Find a mentor or guide: Having someone who can guide you through the process of learning a ritual can be incredibly helpful. This person can provide support and answer any questions you may have. Your lodge Mentor, Proposer or any other Brother will hopefully be more than willing to assist you in making headway with your ritual.
- Be patient with yourself: Learning a new ritual can be difficult, and it's important to be patient with yourself and not to get discouraged if you make mistakes. Remember that everyone learns at a different pace and it may take longer for you to learn the ritual than someone without a learning disorder.
- Use technology:
 - Apps – there are various apps that can help you with learning, such as flashcard apps.
 - Audio – ask another member to record sections of the ritual for you to listen to and memorise.
 - Video – perhaps consider asking if you can record certain movements, so as to memorise them.
- Take breaks: Don't try to learn all in one sitting. Take breaks, and come back to it later.
-

With these tips in mind, learning a new ritual can be a manageable and even enjoyable experience. Remember to take things one step at a time, and don't be afraid to ask for help if you need it.

How can other Brethren help?

- Be aware and understanding: People with learning disorders may need extra time or assistance to complete tasks or understand information. Being aware of this and being understanding and patient can help create a more inclusive environment. Most Candidates are understandably

nervous before their initiation – those with learning disorders or other disabilities are going to be even more anxious – take time to accommodate any needs.

- Those who also suffer with dyspraxia may experience uncoordinated movement, which will make them even more nervous when it comes to moving around the lodge and may need assistance to perform certain steps or circumambulations.
- Encourage participation: A big part of Masonic ritual and lodge work involves participation. People with learning disorders may feel hesitant in taking on roles where they have to learn even more ritual – helping them to overcome any nerves and assisting them with their learning will increase confidence, not only in lodge but in their everyday lives.
- Provide accommodations: If the individual has disclosed their learning disorder, it's important to provide accommodations when necessary, such as extra time to learn, when reading aloud, or responding to questions.
- Use different teaching methods: Different teaching methods such as visual aids, hands-on activities, and group work can help individuals with learning disorders better understand and retain information.
- Be clear and concise: When giving instructions or information, be clear and concise. Avoid using jargon or complex language and break down information into smaller, manageable chunks if needed.
- Provide feedback: Provide feedback to the individual on their progress, and encourage them to ask questions if they are unsure about something.
- Be supportive: Be supportive and encouraging, and avoid being critical or dismissive. Remember that people with learning disorders are capable of learning and achieving their goals just like anyone else.
- Foster independence: Help the individual learn to advocate for themselves and to identify strategies that work for them. Encourage and support them to take control of their own learning process.

It's important to remember that each individual with a learning disorder is unique, and what works for one person may not work for another. It's important to be flexible and willing to try different strategies to find what works best for the individual.

Further Resources:

Apps that incorporate flashcards or learning tools:

NaturalReader: – text-to-speech reader that allows you to upload text and documents to convert to MP3 files. Listen to in 16 different languages.

Quizlet: – Quizlet's science-backed free flashcards and practice tests can help you practice active recall.

Anki: A flashcard app that uses a spaced repetition algorithm to help users efficiently memorize information. Anyone who needs to remember things in their daily life can benefit from Anki. Since it is content-agnostic and supports images, audio, videos and scientific markup (via LaTeX), the possibilities are endless.

Flashcards Deluxe: A flashcard app that allows users to create flashcards, take quizzes, and track their progress.

List of organisations who can help with learning disorders

Dyslexia UK provide support and services for dyslexic children and adults of all ages, their parents/families, educators, employers and the wider community.

International Dyslexia Association (IDA) – A non-profit organization that provides information and resources on dyslexia and other related language-based learning disorders.

National Center for Learning Disabilities (NCLD) – A non-profit organization that provides information and resources on a variety of learning disorders, including dyslexia, dyscalculia, and ADHD.

Additude Magazine – for all things ADHD



Herefordshire Provincial Golf Society

The section A.G.M. was held on Friday 10th March at Kyrle Street, with an increased number in attendance which was good to see, for those who were unable to attend, here is the Captains Report for your information:

The Captain, W Bro Des Watkins, commenced his report by thanking brethren for their support. A special mention to the society's Secretary, W Bro David Gwynne, for all his hard work over the last golfing season and W Bro Alastair Ross for his support as vice-Captain and I wish both Brethren well for the ensuing season. I would also like to thank W Bro Andrew Moore and W Bro Paul Sabel for giving us coverage in the Craftsmen.

On behalf of the HMGA I would like to thank RW Bro Michael Holland, PGM, and VW Bro Graham King, Deputy PGM, for their support and hope they will both remain President and Vice President respectively for the ensuing season.



It was great to be back post-Covid restrictions and to meet up with old and new friends.

11th May was hosted by the Province of Gwent at the Monmouthshire Golf Club, Llanfoist. A very enjoyable day with the game resulting in a half.

9th June Herefordshire hosted Gloucestershire at the Bells. On this occasion it was Gloucestershire who struggled to make a team and our very own W Bro Roger Powell swapped allegiance for the day. This game also resulted in a half.

26th July Herefordshire competed in the inaugural battle jug at Bromsgrove Golf Club. Ten provinces were represented in a 4 BBB Stableford format with Herefordshire taking first place. Herefordshire Provincial Golf Society's President, RW Bro Michael Holland, and our Secretary, Dave Gwynne, played in a friendly and were very supportive to the 4 players who competed.

4th August Herefordshire Provincial Golf Society received the annual invitation to play the annual three-way event against Worcestershire and Shropshire at Cleobury Mortimer Golf Club in a Stableford format. The event was very enjoyable, and we enjoyed a very warm summer's day, refreshments were well received. Unfortunately, Herefordshire lost to Worcestershire and Shropshire.

This leaves the last game of the Masonic season to report.

The HMGA Open held on 4th September at the Herefordshire Golf Club. All members and guests received a warm welcome and the course was in good condition considering the dry spell. It was very nice to see partners join us for dinner before the prize giving ceremony.

Our president congratulated and presented the winners with their prizes.



Picture above - Left to right
 2023 Vice Captain W Bro David Griffiths
 2023 Captain and Treasurer W Bro Alastair Ross
 2023 President RW Bro Timothy Holland PGM
 2022 Captain W Bro Des Watkins

At the A.G.M RW Bro Timothy Holland PGM was elected President and VW Bro Graham King DPGM Vice President. Captain for 2023 W Bro Alastair Ross: Vice Captain W Bro David Griffiths: Secretary W Bro David Gwynne and Treasurer W Bro Alastair Ross.

Subscription for the year agreed to remain at £10 and should be paid to W Bro Alastair Ross.



The current provisional list of matches agreed for 2023 are:

Match Date	Venue
10 th May 2023	At the Herefordshire Golf Club against Gwent
6 th July 2023	Match V Gloucestershire Forest Hills Coleford
25 th July 2023	4BBB Derbyshire @ Morley Hayes Golf Club, Derby
TBC	Charity Match: South Wales Coed Y Mwstwr Golf Club Bridgend
10 th August 2023	Bromsgrove Golf Centre Triangular Match against Shropshire and Worcestershire (hosting)
27 th August 2023	Provincial Championship provisionally booked Burghill Valley G.C. To be agreed at A.G.M.

We would welcome both new and existing members to the 2023 season. We would ask that all Brethren and members interested in playing and supporting the section to email their availability to David Gwynne the Club Secretary [here](#).

Community Engagement



The Teddies for Loving Care initiative provides unique cuddly bears to Accident & Emergency departments for medical staff to give at their discretion to young children. The bears are used to calm children down, reward them for being brave or to demonstrate procedures. Often the bears distract children so nurses and doctors can get their jobs done quickly and efficiently. The TLC teddy has become an invaluable tool for medical professionals and a real comfort for children.

Supported by Freemasons

The TLC scheme was established by Essex Freemasons in 2001 and in time rolled out across England and Wales. The work of TLC is funded through the generous donations of Freemasons, their families and supporters of the programme. Many Freemasons also volunteer hundreds of hours each year to manage the scheme, deliver bears to hospitals, campaign to raise funds and increase awareness through events and talks.

There are 47 regional TLC programmes across England and Wales that provide teddies for their local A&E departments. Once a hospital joins the scheme they can replenish teddies on request through their local TLC representative. Some TLC programmes also donate a portion of their TLC funds towards teddies for minor injuries units, children's wards and hospices; there are even teddies flying on air ambulances!

TLC is locally managed by Freemasons who also volunteer their time to run the scheme. Since its inception in 2001, 3.5 million teddies have been distributed to hospitals throughout England and Wales.

In Herefordshire

In Herefordshire W Bro Dick Bailey, as Provincial Secretary, introduced the TLC into this Province in 2004. He encouraged all Lodges in the Province to participate, especially through HMCA. The Hereford Times showed a picture of the PGM, RW Bro R Smallwood presenting the first batch. In the early days approximately 600 teddies were given to children each year.

Eventually Dick handed over the successful TLC programme to W Bro Mike Hopkins and in recent years we have **donated over 900 teddies per year.**

We should also recognise Bro Tristan Morgan of Dean Waterfield Lodge who works at the County Hospital, and is able to store the teddies so that they are always available.

In 2021 the design for TLC Teddies changed with the new teddy having a little heartshaped nose. All the teddies will feature one of the six classic TLC colours of soft pink, pale blue, lemon sherbet, bright green, lilac and post-box red.

The new teddy also has the perfect squidge for a cuddle that will bring comfort to a child that is having a difficult time.

More than 3.5 million teddies have been distributed to hospitals across England and Wales

- TLC operates in over 250 hospitals
- Every child that receives a teddy gets to take it home
- TLC is supported by local Freemasons who volunteer their time to manage the scheme

Community Engagement

Dear Brethren,

I am Ian Pritchard from Eastnor Lodge No 751. There are two things close to my heart, pushing myself physically and raising money for charity. I will be attempting 100 burpees a day for 100 days and would love you to sponsor me via my Just Giving page for this worthy cause.

Please use this [link](#) or the QR code below.

A hospital visit can be a frightening experience for a young child, especially in an emergency situation. Teddies for Loving Care (TLC) is a way of providing much-needed comfort to children in Accident and Emergency departments, helping to reduce the shock and distress of their experience.

The Teddies for Loving Care initiative provides unique cuddly bears to Accident and Emergency departments for medical staff to give at their discretion to young children. The bears are used to calm children down, reward them for being brave or to demonstrate procedures. Often the bears distract children so nurses and doctors can get their jobs done quickly and efficiently.

The TLC teddy has become an invaluable tool for medical professionals and a real comfort for children. Every child who receives a teddy gets to take it home. The more people that know about this cause, the better and greater their impact, so please also spread the word by sharing my page with your friends and family.

Thank you in advance for your generosity, it means a lot!

Ian Pritchard Eastnor Lodge 751



100 Burpees Challenge for TLC

Dear Brethren,

As part of the seven year strategy announced by the Grand Master, one thrust of the plan is to try and raise Freemasonry's public profile by getting involved in non-Masonic fund raising efforts or assisting at Food Banks and other worthy causes that help the general public in these times of need.

The contents of the below e-mail is an example of this and I ask you to see if we can assist in their fund raising.

If you feel you can assist then please email me so we can co-ordinate our response to Darren.

S&F

Tim Bridgland Taylor
Provincial Grand Charity Steward
provgcs@herefordshiremasons.org.uk

Dear Tim,

My name is Darren Maynard and I'm the New British Legion Community Poppy Appeal fundraiser for Herefordshire.

I would like to take this opportunity to introduce myself.

The Poppy Appeal is greatly loved in Herefordshire and needs Volunteers to help the Appeal in 2023.

Would there be any possibility of help from the Masons in any way?

Please could you contact me if this would be something your organisation would be interested in.

Have a wonderful weekend and thank you for reading this.

Kindest regards,

Darren Maynard

Community Fundraiser - Herefordshire



New Treatment for Diabetes on the horizon



There will be hope for new treatments and better care for people with, or at risk of, diabetes, as PhD students receive a research grant of £315,000 from the MCF in partnership with Diabetes UK.

Over 4.9 million people in the UK are living with diabetes which, if untreated, can lead to health complications, like eye, foot or heart problems. Around 90 per cent of people with diabetes have type 2, and it is predicted that over 850,000 people have type 2 diabetes and are unaware of it. The series of research by the PhD students aimed to improve the treatment and diagnosis of different forms of diabetes, and protect people with the condition from its long-term complications, tackle some of the problems that diabetes can cause and improve the lives of many living with the condition.

Cells in our pancreas have a molecule on their surface, called GLP-1R, which tells them to release insulin. Some people have genetic variations that impact GLP-1R,

allowing it to do its job better. These variants appear to protect people from developing type 2 diabetes and heart disease.

Liliane El Eid, from Imperial College London, has started her PhD studentship and has started to explore these genetic variants, to understand how it helps to protect against type 2 diabetes. She has found that signals from GLP-1R are stronger when inside the cell, rather than on the surface of the cell and will be delving into these findings for the remainder of her studentship. In understanding more about GLP-1R, scientists could develop new drugs in the future that could help to 'switch on' insulin production and in turn prevent type 2 diabetes.

"Thanks to funding from the Freemasons, I've been able to conduct my work. Without their generous support, I would have been unable to complete important research testing to understand how we can prevent type 2 diabetes and potentially help many around the world." – Liliane El Eid.



PhD student, Liliene El Eid

Oliver Richards at Swansea University looked to improve the screening process for a type of diabetes that can develop during pregnancy, called gestational diabetes. Gestational diabetes occurs when pregnancy hormones make it hard for the body to use insulin properly, resulting in high blood sugar levels. While gestational diabetes usually goes away after giving birth, it can increase risk of type 2 diabetes in later life. Current screening for this form of diabetes is time-consuming and expensive, as mothers must fast overnight and be in hospital for several hours.

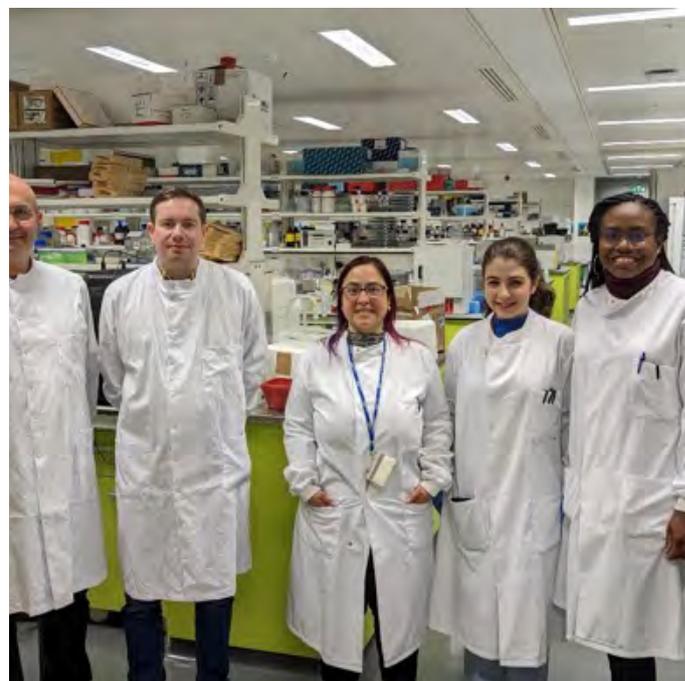
Oliver worked with Professor Thornton to develop a quicker, cheaper and more informative test for expecting mothers. This could reduce the time and cost of diagnosis, allowing the NHS to screen more pregnant women who are more likely to be at risk for gestational diabetes.

This research found that the new test works effectively with a non-invasive finger prick blood test, which is less invasive for the mother and easier to administer for hospital staff, making the testing process more time and cost effective. Moreover, this new method could provide further health information that could help to decrease the risk of pregnant women developing type 2 diabetes in later life.

“We’re grateful that the Masonic Charitable Foundation has joined Diabetes UK on our mission to create a world where diabetes can do no harm. This partnership has allowed us to support exceptional scientists starting out in their career, helping to nurture the diabetes research rising stars of the future. The projects the MCF has funded will help to make strides across a wide range of research, from diabetes-related kidney problems, to preventing

type 2 diabetes and screening for gestational diabetes.” – Anna Morris, Assistant Director of Research Strategy and Partnerships

Another PhD student, Beth Williams, was in the process of understanding how communication between kidney cells change in diabetes. Beth has identified that disrupted cell-to-cell communication in the kidney, brought about by high sugar levels, can trigger inflammatory damage throughout the body switching on a protein in the body, called TGF-b1, which is harmful to kidney cells. Early evidence suggests two treatment options could help to stop this protein.



“We’re really pleased to be in partnership with Diabetes UK, who are the leading charity in the UK for people living with diabetes. In supporting future scientists through their research, we can have a major impact on the lives of many having to manage diabetes.” – Les Hutchinson, Chief Executive of the MCF



The Little & Large Cycle Challenge 2023

The Little and Large Cycle Challenge is a sponsored cycle ride from Land's End to John O'Groats between 28th April and 8th May 2023 in aid of the Herefordshire Masonic Charity Association (HMCA).



The riders are Tony Shaw, Andy Cartwright and Craig Shaw.

The support team are Aki Atkinson, Dave Shaw and Tony Lewis, with medical support from Andy Thurgood.

As you can imagine, it's not just as simple as jumping on a bike and off you go. Training has already started and by the time we depart, we should have 5 months' worth under our belts and many miles.

The funds are being raised for the HMCA.

We would welcome any contributions which can be made through our dedicated Just Giving page. Use your phone camera to scan the QR code or visit our page <https://www.justgiving.com/fundraising/littleandlargecyclechallenge2023>

Donating is simple, fast and totally secure. Your details are safe with Just Giving - they'll never sell them on or send unwanted emails. Once you donate, they'll send your money directly to the charity. So it's the most efficient way to donate - saving time and cutting costs for the charity.

Thank You!



Land's End to John O'Groats 28th April and 8th May 2023

Kirwall Kilwinning Scroll

Geoff Wilding Presentation in aid of the HMCA

In an effort to raise much needed funds for the HMCA, W Bro Geoff Wilding of Royal Edward Lodge, has put together a presentation about a 250-year-old Masonic scroll known as the Kirkwall Scroll. This is a 250 year old Masonic artefact kept by Kirkwall Kilwinning Lodge No 382.

The presentation is based on the research notes and with permission of W Bro David Partner.

The talk takes approx. 45 minutes and is an ideal fill for a Lodge meeting where there is no other Masonic business.

The presentation is not tied to any particular degree or order so would also be suitable for Chapter, Mark etc.

To raise money for the HMCA, the Lodge may consider donating that night's raffle money to the HMCA.

Please contact W Bro Geoff via email [here](#) for further information and availability.



MCF Grants In Herefordshire

From 1st April 2022 to 31st March 2023
we have received as a Province.



30
Grants



£111,724
The value of grants
awarded

These applications covered a wide range of uses.

Please see the link below to show what can be applied for.

<https://mcf.org.uk/get-support/grants-to-charities/>

The Craftsmen Newsletter



Social Events Around The Province

THE DEAN LEIGH MASTERS' LODGE No. 3687

The Worshipful Master and Mrs Neate invite you to attend a

Lunch Party

to be held at

THE MASONIC HALL, KYRLE STREET, HEREFORD

on
Sunday, 16th April, 2023
at 12.30 for 1.00pm

and they hope that you, your Lady and your Masonic friends may be able to join them.
The proceedings will be informal and the cost will be £18.00 per person.
Dress for the occasion will be Smart Casual

There is a choice of menu so please indicate your preference on the booking form and there is a vegetarian option for the main course as shown below.

First Course	A Prawn Cocktail	B Fan of Melon with Raspberry Coulis
Main Course	C Roast Leg of Pork, Potatoes & Veg	E Vegetarian - Nut Roast
	D Fillet of Salmon with Watercress Sauce	
Sweet course	F Lemon Posset	H Cheese & Biscuits
	G Raspberry Frangipane with Cream or Ice Cream	

Booking Required by 8th April.

Booking form available on the Provincial website here.
<https://hwmma.herefordshiremasons.org.uk/events/>

THE HEREFORD MASONIC HALL
BOARD OF MANAGEMENT

**THE NEXT BREAKFAST CLUB WILL BE
MAY 6TH AT 9:30**

MENU CHOICES

FRIED EGG
BACON
BEANS
TOMATO
HASH BROWN
MUSHROOMS
BLACK PUDDING
TOAST
TEA OR COFFEE
ALL FOR 8.50P
FRUIT JUICES CAN BE PURCHASED FROM THE BAR

**THE NEXT CORONATION
BREAKFAST CLUB, WILL
BE HELD
SAT. 6TH MAY
DOORS OPEN 9AM
BREAKFAST WILL BE
SERVED AT 9:30.
WE ARE UNABLE TO TAKE DEBIT/CREDIT
CARDS**

**THIS IS OPEN TO ALL FREEMASONS,
FRIENDS, FAMILY, NEWLY JOINED
BRETHREN,**

Further details for any event and to book go to the Provincial Members' Website

<https://hwmma.herefordshiremasons.org.uk/events/>

UGLE IS INVITING ALL FREEMASONS

to roll up their sleeves and join the Big Help Out on 8th May to mark His Majesty The King's Coronation.

Share your Big Help Out story with us. The best stories will appear in FMT Magazine.

[Click here](#) and find volunteering opportunities big and small, near you



If you can spare an hour, fantastic. The day, amazing!

Membership Matters

These are the ceremonies in the Province for the rest of the month. Details of how to book in for dining and copies of the summonses are on the Provincial Members website [here](#).

Lodge	Date	Location	Meeting Business
Vitruvian	03/04/2023	Ross on Wye	Third Degree
Coningsby	04/04/2023	Hereford	First Degree
Palladian	06/04/2023	Hereford	First Degree
Royal Edward	13/04/2023	Leominster	First Degree
Delphis	15/04/2023	Hereford	Talk Entitled "The Titanic"
Arrow	17/04/2023	Kington	Second Degree
Loyal Hay	17/04/2023	Hay on Wye	See Website
Ariconium	18/04/2023	Ross on Wye	Installation
Eastnor	19/04/2023	Ledbury	First Degree
Cantilupe	20/04/2023	Hereford	See Website
St Peter's	26/04/2023	Bromyard	See Website
Dean Waterfield	27/04/2023	Hereford	Installation
Vaga	29/04/2023	Hereford	See Website
Chapter Meetings within Herefordshire			
Cantilupe	11/04/2023	Hereford	Installation
Vitruvian	21/04/2023	Ross on Wye	Exaltation

PROVINCIAL EVENTS LIST – April 2023

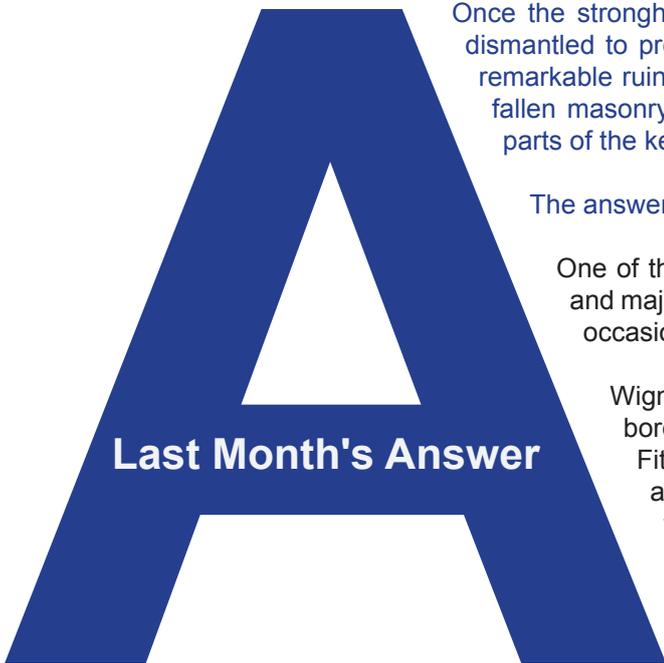
Date	Lodge/Chapter/	Event/Venue
2023		
Sat 8 th April	Cantilupe Lodge	Curry and 70s and 80s disco, Masonic Hall, Hereford
Sun 16 th April	Dean Leigh Masters	Lunch, Masonic Hall, Kyrle Street, Hereford
Sat 22 nd April	Loyal Hay	Ladies' Celebration, Swan Hotel, Hay on Wye
Sun 23 rd April	Royal Edward	St George's Day Lunch, LMC
Wed 26 th April	UGLE	Craft Annual Investiture, FMH London
Thu 27 th April	SGC	Royal Arch Annual Investiture, FMH London
Sat 13 th May	Palladian	Charity Quiz, Masonic Hall, Kyrle Street, Hereford
Mon 5 th June	Province	Provincial Grand Lodge
Sun 11 th June	Province	Annual service, Hereford Cathedral
Wed 14 th June	UGLE	Quarterly Communication, FMH London
Sat 19 th August	Palladian	Family BBQ afternoon, Hampton Bishop Village Hall
Sat 2 nd September	RA Province G&H	Provincial Grand Chapter, Gloucester
Wed 13 th September	UGLE	Quarterly Communication, FMH London
Sat 28 th October	Eastnor	Ladies' Night, Feathers Hotel, Ledbury
Wed 13 th December	UGLE	Quarterly Communication, FMH London

FMH – Freemasons' Hall, London
LMC – Leominster Masonic Centre



WHERE AM I?

Last month we asked, can you identify this well known Herefordshire landmark?



Once the stronghold of the turbulent Mortimer family, this landmark was later dismantled to prevent its use during the Civil War. Now it is among the most remarkable ruins in England, largely buried up to first floor level by earth and fallen masonry. Yet many of its fortifications survive to full height, including parts of the keep on its towering mound.

The answer was Wigmore Castle in the North of the Province.

One of the most important castles in the history of the Welsh Marches and major centre of power for over 500 years, hosting royalty on several occasions.

Wigmore was one of many castles built close to the England–Wales border after the Norman Conquest. Founded in 1067 by William Fitz Osbern, it was a major centre of power for over 500 years, and played host to several kings and queens. It was held by the Mortimer family from about 1075 to 1425, when it passed to the Crown. The castle fell into ruin after the Civil War and remained an untouched ruin until the 1990s, when English Heritage conserved it in a way that ensured the castle's natural environment was preserved.

Further details and a full history of the castle can be found on the English Heritage website [here](#)





WHERE AM I?

For this month, can you identify this well known Herefordshire landmark?

Q

According to the Blue Plaque outside this landmark it was once the home of a 'Pioneer photographer, archaeologist and inventor and Ley Lines Theorist' who lived at this site between 1925 and 1935.

Where am I? - Answer next month.

Last Month's Word Search Solution

Did you find these St David's Day themed words from last month?

St David's Day

O W X C M O N A S T E R Y G K R E D N U H T J L
 L O S O B O J W O A N B F S U O U R Z A A D G E
 W Q B W U G J J B M Y W D J E D U C R D V A A E
 S H M L O H K H U P A E S Z J L I D L B I R L K
 B V D G S R V G T J R R G L X T A V Q Q I O E S
 P Z X T F E C R V U U D C F Q E Y W A G L F G K
 G X O R D T A Y S I H L J H Z U M Y I D Z Q E Y
 M R F A M D N M R X K G A Z A Z K Z S Z T R N U
 M M R X I Y L I A A U W O V J I N S T Z Y S D C
 N A I T X N S K A E Z O T D I Y V C J W B T N P
 P I I R J A W B N S L J Q O Z T F L N R E E I E
 Z O B Z A W C P X P N A X N B Y S K N Z U K U O
 N E V F B C G Y U Z M O Z E V F N E M P E O M R
 E N N F H Y L U M T O T R S Q O D B F G A R P P
 V M J J Q R X E G R S H E T M H K A S N B N H N
 E W N S L Y M U S Z U L M W A A Q N A R S Y D G
 E J O S P A R E H L C S E A T P Z N A T X H S V
 C Q G P C W C J V I H L L A W X K D O T E K G I
 Z Q A H K O T P R O S Y D R C D X H R X I G U E
 F B R P Y R F I P H M Y O X A H N G M L P T N C
 R M D D G F M D Y C B W V G R R U O F E W Y W X
 Q D A F F O D I L S B O E I A A J B N K P F F H
 E F M T R E X N U H G J T K Q W B M W Z X K D F
 P N R Q S W B Z F Y G O G O P G I Z S B J V D L

- Miracles
- Monastery
- Welsh
- Wales
- Tradition
- Thunder Storm
- StDavid
- PatronSaint
- Parade
- Monk
- March
- Legend
- Leeks
- Festival
- Dragon
- Dove
- Daffodils
- Cymru
- Cowl

Can you find these Easter themed items?

Easter

M N C O O D M N Q J K U A W N M Z M N Q H F R A J A B Y Q X C C J R Y C Z Q
F F U Y D J Y U P J O I Z M K Q N E F H V E M I H T M R N H F S T G Y M D P
R V B C O Y I A D A F F O D I L H C N O I T A R B E L E C J B K E Z R D Z L
G A Y J E X J N H U B G F J I T T Q R W N E V X D R S O Y U O Q T V B C Q Z
M T E B N G E Y B Q R E S U R R E C T I O N Q L J D P U F I Z Q C Y H S I I
C G J H U W Y R V W Q G J I I O N K R W T A O S S M E Z V C I U O D F X J A
E Y R B Z G K S U O D Z Y H G N U L V O D U H V C V R L L J O X E D Y Z L D
E O R M E Z L X R D G C S S B I F V M W S U P T N E R L O R Z G Q S J V E K
O M C F W C L G H J O Z L G X L B V Q G H S X U O H Z J T J H A Z K Y I E Z
T A I W G Y S V U U O Q G H K K X C R V X X C R E G D Y H P C N I X N Q R P
A J I J U L Z Z W V A A D T L T I H K C M L T V A N L N X Q O Y Z W Y A O U
G M N T R I N X X W F R W C H T R C N C O O S N N B E O G E T H S E M A N E
S Q M Y H D H E J I I M Y A A O H N C I R S S J N M U S G X W T T K I C G S
E W I E C K D J S Y A M D R B O D E F R A W V T F A Y T I J R O G F X A L A
O L L P T F Z N S T Z V R B C Q X H A D A D E H O C C W H R L Q N Y A I H C
Y F J N H F G K C I H C E O K J E C U K P T C Y G C F O I N V H A C J A A R
E C V D O P J G I J D R L U R U X W F W W M Z T Y J U R L C F C V J S P P I
X U O N Y V V U H U S A T L G J V X B O W X O S T C O N A A D R E V Z H L F
A G W P M F S E U I T D C U J N V L P U E W E E D X U A J C F Z C E W A H I
N D W M I E Z I D E I S I V X R I O S Q R D B R I A F P L E R C R H J S P C
I D X B U M D N U P B Y Q W Z K T L U U U W F R L U D J D N L G U A F N A E
N E Z W B A O F D S O C T V E B K H K O A B H A R A U Y O H P Q F G R K H U
F N J D E Y Z G G E N Q T U W J G G C C E E S I E R M K A C A H I E C J R E
R I H X R M L H B Y N P X L D D V O Q Y U T B X J E H R X P O P V W N W D K
G A G N I R P S K Y E Q G R T S E E B B V D N R T S H J R O W L R M Y W K H
B L X S B J T R W R T V X O J V H M I A A T X S P I L A T E I O B S L D K M
Y M H M A R G W Q Q K I S E Y X B F F J E Z Z Q S W U V U S Y N J C R O W N
H G F B R F K F G U P H J P N I I Z I Z Z P O A H B G F C N F I E K X I D L
B A G N I S S E L B I O B X Z H V Z L G I N X T D U B K N K F O S P X R C H
I K Q G Z O X Z R V F E Q E T K W F A N C U Z I E G J Y T B Z S K T X C C J
S S E F D Z Y M Y J L R B S G H D G Y M O Y D I L K O H A M P T D A E R B Y
Z I T T Q U J Y F X O U A S O N F Z A X A T M T M D Q E T R R O Q S H J Q H
L X W U L C E H R P F T K N Q P I I R I B C C I V S B F A C T N B L E D D T
U Y Z C E P G U F T L U E E H T L C T W O H M O P N L J U S C E J V P L M L
S H H P I W T Y E A E C P N F D T P E A X J U V B D E K C T T W Y P A Y C P
E I A A T A P E H Y R Y O W A I N O B D L Q Y M O O G B D B Y E L I C S N C
C E E Z S R Y H K Y Z T J U Z J G S E M R L S K P G N N X M P U R R M I C H
Q O B E L U L U D C I Q U W Z B X Q Q K T U N O B G A G P S Y T Y M N X E L

Nest Egg Silver Stone Trial Chick Sacrifice Risen
Robbers Resurrection Pilate Carrot Spring Bonnet
Gethsemane Golgotha Easter Daffodil Duckling Denial
Crown Blessing Chocolate Celebration Cross Caiaphas
Bread Betrayal Arrest Angel