HEREFORDSHIRE PROVINCIAL NEWSLETTER

The Craftsmen

Issue 59 - August 2021

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Hereford Cathedral Garden Tour

Golf Society Success
South Wales Provincial Tournament Match

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A 50 Year Certificate PresentationReport

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The Craftsmen

The Official Newsletter of the Province of Herefordshire

Issue 59 - August 2021

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Loyal Hay Lodge - Tony Mercer
Vaga Lodge - Vacant
Cantilupe Lodge - Bryan Wood
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St Peter's Lodge - Peter Hamblin
Ariconium Lodge - Vacant
Dean Waterfield Lodge - Paul Sabel

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Herefordshire Provincial Golf Society Success in South Wales

Match Report by W.Bro Des Watkins, Society Captain.

Pictures by RW. Bro Michael Holland, Society President.

Ten players from the Herefordshire Provincial Golf Society were very fortunate to be invited to play in the South Wales Provincial Golf Tournament at Coed y Mwstwr Golf Club, Bridgend.

With a combination of the sunny weather, good company and the course in such good condition, I am sure we all had a good day. Additionally thanks for a great welcome from our hosts and club staff, who provided well received food and hospitality.

Herefordshire Provincial Golf Society's President, RW. Bro Michael Holland, who unfortunately on this occasion was unable to play, attended and was very supportive to the three Herefordshire teams.

Individual and team stableford competitions were represented by Craft and Mark lodges from several provinces. The stableford team winners trophy went home to Warwickshire Mark Lodge.

Unfortunately, through self isolations and work commitments, our team numbers suffered but on a positive note it was great to welcome a new member from St Peter's Lodge, Bro Dave Griffiths who actually went on to win the individual stableford competition.

The putting competition prize also went back to Herefordshire with W.Bro Alastair Ross from Vitruvian Lodge.

It would be very remiss of me not to mention our very hard working secretary, W.Bro Roger Powell, who tirelessly organises these games on our behalf. Thank you Roger.

We are always looking for new members so if you would like to receive emails with dates and matches from our secretary, please contact Roger by emailing him here.

W.Bro Alastair Ross won the putting competition.

Bro Dave Griffiths won the individual stableford competition.

Team 1 L-R Dave Gwynne (Loyal Hay) Bob Tuttiett (Vitruvian), Norman Goodman (Palladian), Des Watkins (Royal Edward).

Team 2 L-R Dave Griffiths (St Peter's), Alastair Ross (Vitruvian), Jed Watkins (Royal Edward).

Team 3 L-R Kim Hampson (Vitruvian), David Sayer (Royal Edward), Roger Powell (Arrow).

Herefordshire Provincial Golf Society

Are you a Herefordshire Mason who also plays golf?

Why not join the Herefordshire Provincial Golf Society?

Regular events throughout the year.

Further details from the Secretary Roger Powell email him here.

Next fixture: Three cornered match between
Herefordshire v Shropshire v Worcestershire

Venue: Sapey Golf Club near Bromyard

Date: Thursday 12th August 2021
Time: 1st Tee-Off 1:00pm
Cost: £32.50 including golf and two course meal.

Forthcoming Fixture: Open Competition

Venue: Herefordshire Golf Club

Date: 5th September

Further details: Contact the Society Secretary Roger Powell via email here.

An Easy Way To Raise Funds for HMCA

W.Bro Chris Holt ProvGStB
Coningsby Lodge No 6383

easyfundraising
feel good shopping

Chris says:

Further to our successful raising of almost £1100 in free donations towards the Festival from easyfundraising, I have had the cause changed to the HMCA, so that we can continue raising free money which we can then donate to local worthy causes via the HMCA.

We get free money when people shop online and buy their everyday purchases using the link.

Which is here: LINK

Additional information on great opportunities to raise some larger amounts :

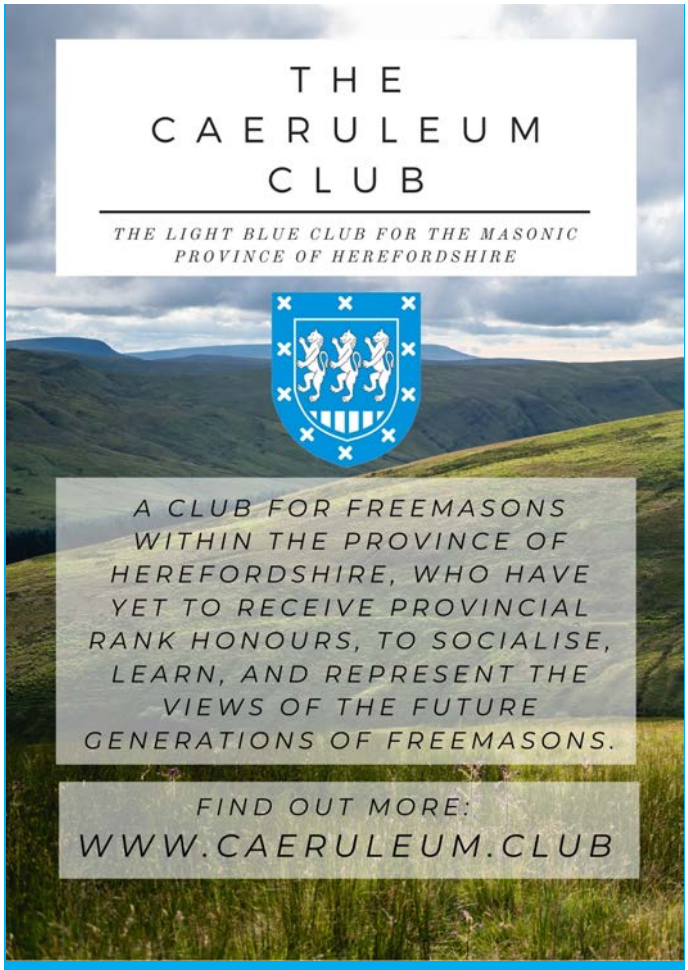
Please remember to use easyfundraising every time you shop online. Over 4,400 shops and sites will donate to Herefordshire Masonic Charity Association, including all the big names like eBay, John Lewis & Partners, Argos, ASOS, M&S and Just Eat!

We could raise up to £215 when you use easyfundraising to save money on your household bills including car and home insurance, energy, phone contract or broadband. Uswitch, GoCompare, Confused.com and many more will all donate to us for FREE!

If you haven't signed up to support us yet, it's easy and completely FREE. These donations really help us, so it would be great if you could take a moment to get started!

Many thanks

Chris



Further details on the website Here

Follow on Twitter Here

Follow on Facebook Here

Masonic Charitable Foundation

Want to know what support the MCF offers Freemasons and their families? Click here or on the image on the right for a list of the support on offer.

Would I know the answer?

Did I know the answer?

By W.Bro Dennis W. Roberts, PAGDC Group Leader Information and Guidance Group

Last time I asked:

What is the reason for The Volume of the Sacred Law?

Following the development of Speculative Freemasonry, the Volume of the Sacred Law was formally introduced into the ritual for the first time in the 1730s. In England, an 18th century tradition could include three readings to be read before every Degree Ceremony. The Perfect ritual, used by many lodges until 1969, adopted by the Emulation Lodge of Improvement around 1830, chose just one reading from II Chronicles 6.

We were all initiated using the Volume of the Sacred Law, on left knee and right hand on the book to confirm our Obligation, the wording being handed down over the centuries. For Lodges in England and Wales, the Volume of the Sacred Law used is a Bible, OR the Holy Book of the Candidate's faith. The Constitution states: "The Bible referred to by Freemasons as the Volume of the Sacred Law is always open when the Lodge is open. Every candidate is required to take his Obligation on that book or on the Volume which is held by his particular creed to impart sanctity to an oath or promise taken upon it." It is one of the Three Great Lights in Masonry.

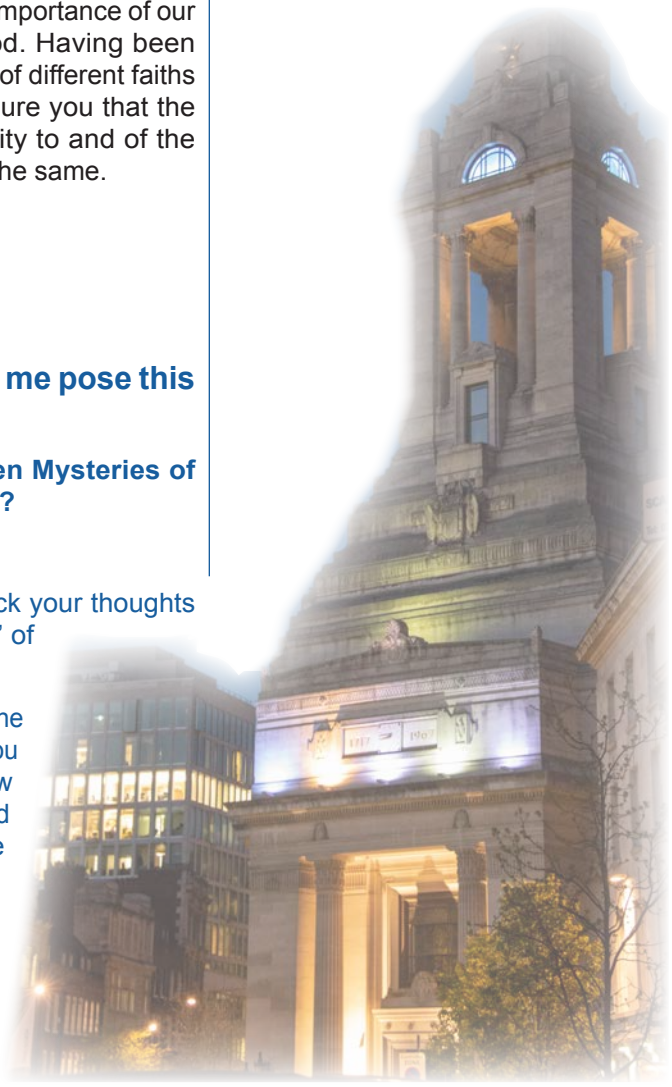
So, The Volume of the Sacred Law reminds us to let our faith guide our conduct and our intentions with others. It also highlights the importance of our relationship with God. Having been present when Books of different faiths were used I can assure you that the meaning and sincerity to and of the candidate is always the same.

For next time, let me pose this question:

What are the Hidden Mysteries of Nature and Science?

You can always check your thoughts by visiting 'Solomon' of course!

If you have not visited the 'Solomon' site lately, you should. There are now Videos, Podcasts and Webinars available for more in depth explanations. Useful for future meetings when no candidate is available.



Provincial Luncheon for Widows 2021

Restrictions permitting, we intend to hold the luncheon at the Masonic Hall, Kyrle Street, Hereford on Sunday 5th September 2021 at the usual time of 12.30 pm for 1.00pm.

The cost will again be £18.00 per head, inclusive of a wine and sherry reception. The cost for each widow attending is £9.00 with the Province subsidising the balance of £9.00.

Dress smart casual - jackets and tie.

Please contact your Lodge Almoner to book your place by Saturday 21st August 2021.

The menu will be

Starter:	Vegetable Soup
Main Course:	Roast Chicken (carved)
Sweet:	Lemon Meringue (Cheese & Biscuits may be pre-ordered as an alternative to the sweet)
Tea & Coffee	

This luncheon is an important event in our calendar and it is always a happy day and greatly enjoyed by everyone attending.

Closing date for bookings is Saturday 21st August 2021.

Social Medi@ And Online Round-up

A round up of some key online accounts during July 2021

Twitter Highlights

PGM for Herefordshire
@DGLBMason

Our Provincial Grand Master tweeted

Loyal Hay Chapter 2382 met tonight in @GlosandHereRA for the first time since 2nd March 2020 and I was finally able to install my successor as MEZ, albeit with restrictions and Covid adaptations. Congrats to our new Principals and thanks to all in attendance for a great evening.

Also

Delighted to attend Arrow Chapter 2240 last night with a team from the @GlosandHereRA to present a 50 year Certificate to Ex. Companion David Joyce, PAGSoj - A dedicated Mason who once more stepped to the fore to act as MEZ at short notice. It's good to be back.

This story is featured on "Half a Century of Dedication" on page 9

Herefordshire Freemasons
@HerefordshireFreemasons

The Provincial Twitter feed re-tweeted details of the forthcoming Organ Concert in the Grand Temple at 7pm on the 5th August.

The second of the 2021 Organ Concerts on the splendid Willis organ in the Grand Temple of @FreemasonsHall, is to be given by international concert organist, D'Arcy Trinkwon.

Admission tickets Get your FREE ticket for the Concert at 7pm on 5th August here: http://bit.ly/UGLEOrganConcert0508…

The Grand Secretary
@UGLE_DrDStaples

Dr David Staples our CEO and Grand Secretary reminded us of Charity in his tweet about a new programme on BBCOne.

Are you excited for @BBCOne's, Our NHS: A Hidden History? Fun fact: it was filmed in our Freemasons' Hall! #Freemasons

Continuing on the theme of charity he reported..... "The @thermbi has just received a new ambulance thanks to the #Freemasons of West Lancashire! A great addition that will ensure safe transport for their residents."
You can read the article on the FMT website here.

There were also congratulations for the new PGM for Hampshire and Isle of Wight.
"Congratulations to @jw_hamble on his installation as Provincial Grand Master of Hampshire and IOW yesterday at @FreemasonsHall"

@UGLE_GrandLodge

UGLE re-tweeted an item from @FreemasonsHall

Exciting times at Freemasons' Hall… The Savage Club have lent us a @SteinwayAndSons Type C Grand Piano that once belonged to Sergei Rachmaninoff!

Continuing on a musical theme are a series of concerts at @FreemasonsHall

#Freemasons Hall is proud to partner with the @BelmontEnsemble and Trafalgar Sinfonia for a series of concerts in 2021

Concerts will take place on Saturday 28 August and Saturday 6 November 2021

Admission tickets Book your tickets NOW at http://bit.ly/FMHBelmont

VC to WC!

W.Bro Ron Baker a former member of Vitruvian Lodge 338, asks the question…

Have you used the Grand Master's personal loo at Great Queen Street?

In 2018 the Queensman Lodge 2694 initiated two serving soldiers who are each holders of the Victoria Cross.

We held the Initiations in the Grand Temple in Great Queen Street as there were around four hundred and seventy Brethren present. In fact, such was the size of attendance that only around three quarters were able to dine afterwards.

As the Lodge Mentor, it was my job to collect them from the Union Jack Club in London's Waterloo and take them by taxi to Grand Lodge. We entered by a side entrance, and I took them via a private lift and stairs to the Grand Master's Robing room.

This is about 100 yds from the main doors to the Grand Temple where the Tyler was waiting to prepare them. As this is a very open area, I started the preparation in the GM's Room, taking their valuables including TWO VICTORIA CROSSES into safe keeping!

I then said they should unbutton their shirts to bare the left breast…ok for one of them, but one had a vest on. I told him to take it off……Wow…..the whole of his back had a tattoo of the VICTORIA CROSS!

When I had them prepared, I said it would be a good idea to use the loo. Attached to the Grand Master's Room was his personal loo, which we each used.

I then received a message to take them to the Tyler at the doors of the Grand Temple where he completed the preparations for Initiation.

Half a Century of Dedication

RW.Bro Michael Holland in his capacity as Most Excellent Grand Superintendent presents E.Comp David Joyce with his 50 Year Certificate in the Holy Royal Arch

At the first meeting of Arrow Chapter 2240 after lockdown MEGS Michael Holland was pleased to present a 50 year certificate to Ex.Companion David Joyce PAGSoj. As you can see from his very compressive (abridged) Masonic CV he is a dedicated and much respected Mason throughout the Province of Gloucestershire and Herefordshire.

A dedicated Mason who once more stepped in to the fore to act as MEZ at short notice.

Initiated into Arrow Lodge 2240 13/01/1969	WM 1976 Held high ranks in Province as acting Jnr and Snr Wardens and as acting AGDC in UGLE in 1998, promoted to PJGD in 2018
Exalted into Arrow Chapter 2240 14/10/1970	MEZ 1981-2 and again 1995-97 also 2 years as J and H prior to that
Joining Member of G&H 1st Principals Chapter 04/1996	MEZ 2006
Royal Edward 11/1996	MEZ 2018
Innsworth Chapter 10/2002 (Now Honorary)	Organist 2008-13
Also Shropshire Installed 1st Principals 11/1997	MEZ 2011

Other offices

Arrow:	Prin Soj 2019-20
	Scribe E 2006-11
	Asst S E 2012-20
	Organist 2011-20
Royal Edward	PS 2015-16 Organist 2011-15
Innsworth	Organist 2008-13
Vitruvian	Guest Organist 2018-20

Other Orders include, Mark, OSM, The Operatives of which David is Grand Clerk

David was the first recipient of the new style 50 year certificate.

What was happening in October 1970?

Edward Heath was Prime Minister and Richard Nixon President of the USA

Best-selling pop record of the year was “In the Summer Time” by Mungo Jerry (Ray Dorset, a member of Chelsea Lodge No 3098)

It was Football World Cup Year, England went to Mexico, Everton were the League Champions and Chelsea were the FA Cup Holders.

Wales were the 5 Nations Rugby Champions (Joint), Kent the County Cricket Champions and the English Cricket Team were about to depart for a tour of Australia and an Ashes Series.

The price of beer was 1s 10d About 9p) - Milk was 1 shilling (5p) and petrol 6s 6p (33p)
a black and white TV at Currys was £75.00 (£800 in today’s money) and colour TV £250 (£2700 today)

The average wage was £32 per week now it’s £500 Phone bills much lower today though.

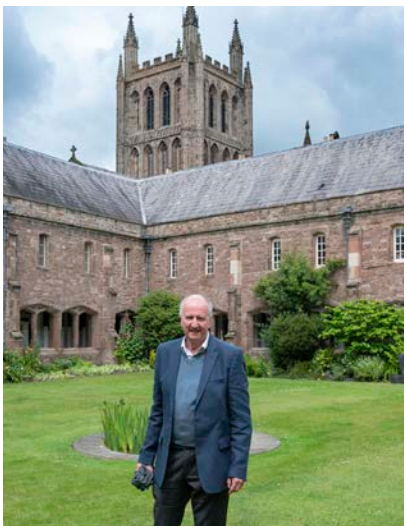
In An English Country Garden

We explore the Hereford Cathedral Gardens under the expert guidance of Bro Paul Smith of Vitruvian Lodge

Leading down to the River Wye, Hereford Cathedral Gardens are a hidden gem nestled within the cathedral grounds.

There are around four acres of gardens, which are not normally open to the public, including the peaceful Cloisters, the colourful Canon's Garden, the intimate private gardens of the Dean, the stately Bishop's Garden and the historical Chapter House Garden.

Bro Paul Smith of Vitruvian Lodge is one of a team of volunteer guides who are on hand during these tours to answer questions and share the fascinating history of these beautiful spaces.



Bro Paul Smith of Vitruvian Lodge in the Cloisters Garden

Paul spent his working life in horticulture having moved to the local area forty years ago. He owned a nursery in Newent specialising in Clematis and other shrubs, supplying garden centres. This enthusiasm and knowledge of all things horticultural really came across during the tour.

Paul has been guiding parties around the gardens for 14 years. I travelled around the gardens with Paul and took in the splendid views down to the River Wye and the amazing history of the area. He certainly had an amazing knowledge, not just of the horticulture within the gardens but also the history surrounding them.

The Cloisters

The Cloisters Garden for example, contained many species that were originally planted for their medicinal purposes. Plants in the Apothecary Garden were used to treat several ailments from stomach acid to cleansing wounds. Paul described these as we progressed, pointing out the various specimens and their original usage. As with many things in historical times they were planted for a specific reason, which in many cases has been lost over time.

The tour also took in many of the historical features outside of the Cathedral itself. This included a view into the original wattle-and-daub construction of the cloister inner walls.

There were also splendid views of the cathedral from the gardens, which provided glimpses of the various architectural styles, framed by the specimen plants and trees. The site has been a place of worship as far back as the 8th Century or even earlier. Known for its Romanesque style unique to Herefordshire and Worcestershire (the Romanesque style features in our June Edition here), there have been various additions over the years both to extend the cathedral and to repair it following the collapse of the western tower in 1786.

The Chapter House Gardens

The Chapter House Gardens are now used as an outdoor seating area for the café but few would realise the rich history as they tuck into their cream teas. The Chapter House dates back to 1475 with the building of the Cloisters and their occupation by the Vicars Choral, whose job was to sing the seven daily services. They were initially used to feed the inhabitants of the Cloisters and there are records over the years of a vineyard, an orchard and even a saffron field.

The surrounding gardens contained a number of specimen trees and shrubs, many of which were planted for their medicinal value. For example:

- There is a Willow Tree by the River Wye, the bark of which was used for centuries to treat a headache or an inflamed tooth. Later, the active ingredient, the plant hormone salicylic acid, was used to develop painkillers like Aspirin.
- Catnip or fennel was traditionally used to treat heartburn.

The gardens are open to the public on specific dates and must be pre-booked via the Hereford Cathedral Website here.

The Gardens Frame the Views of the Cathedral

Those Lights That Are From Above.....

As We Approach Meteor Season, Look Up!

Watching the Perseids Meteor Shower and Milky Way near Hay Bluff in August 2018

The Milky Way through the light pollution near Symonds Yat, South Herefordshire in July 2017

As we move into August if the sky is clear we should be able to see the Perseids meteor shower. This year, the Perseids will peak on 12-13 August, but you can spot them anytime from around 16 July to 23 August.

At this time of year the earth's orbit (the earth constantly revolving on its axis in its orbit around the sun....) brings us into a particularly dense patch of cosmic debris. This debris is rock dust left in the wake of an asteroid or comet. In this case it is It is caused by debris from the comet Swift-Tuttle and is named after Perseus, the constellation that the meteors appear to be from called the 'radiant'.

The meteors can be seen at any time of night, but the darker it is, the better your chances, so aim for between midnight and 5am. A night with little moonlight, around the new Moon on 8 August, would be perfect.

To see the meteors, look up on a clear night and give your eyes time to adjust. The meteors can travel across the whole sky. A view without obstruction so you can see as much of the sky as possible would be best. Somewhere away from city lights to avoid light pollution would also be ideal.

Get comfortable – a comfy deckchair and something to keep you warm is ideal and perhaps a hot drink or even a glass of something a little stronger. At their peak on 12-13 August you may be able to see 150 meteors per hour if the sky is clear.

For further information search for 'Perseids 2021' in your preferred online search engine.

Impact Report 2020 for the RMBI Care Co

It has been a 'different' year and a half for all of us but especially for the Royal Masonic Benevolent Institution RMBI who run 19 homes across the UK.

In their 2020 Impact Report they comment.

"We started 2020 in a strong position, which included 'Outstanding and Good ratings in all our Homes with the Care Quality Commission in England and a 'Fully Compliant' status with Care Inspectorate Wales for our Welsh Homes.

For the third consecutive year, we received national recognition as a 'Top 20 medium-sized provider' in England with Carehome.co.uk Awards. The website is based on reviews from care home residents and their families."

INCREASING SAFETY MEASURES AND STAYING CONNECTED

As the Covid-19 pandemic swept through the UK, the charity swiftly adapted to protect both residents and staff. This included investing in good supplies of PPE which not only protected residents but also assured staff they were working in a safe environment.

At the start of the pandemic the charity ensured that every home had access to tablets and smart phones to support video or phone calls between residents and their families. During the summer of 2020 they began to launch their Covid-Secure visitor pods in each home. These consisted of rooms which provided a safe space for residents to meet their loved ones.

STRONG LEADERSHIP

A Covid Response Group was formed in March 2020 involving key members from their senior management. The team met daily to discuss new Government guidance from Public Health England and Wales. This enabled infection control protocols to be put in place and communication of new policies and actions to Home Management Teams.

A virtual newsletter 'Keeping Strong Together' was created in the spring of 2020 including good news stories to help build staff morale. The use of 'Zoom' has become the main form of communications throughout the care home network.

SUPPORTING FRONTLINE STAFF

Over 170 staff were trained in compassion fatigue, to support the physical and emotional exhaustion experienced by some carers. The e-learning modules allowed staff to continue developing their skills and knowledge and formal training in the homes included the use of Lateral Flow Tests, PPE and infection control.

There has also been an increase in new staff joining from different career backgrounds including the retail and hospitality sector. This has brought new skills and added to the diversity of staff teams.

Staff wellbeing has also been a key focus which has included access to counselling for staff members needing any further support and a series of mental health guides with advice on maintaining physical and mental wellbeing with links to further specialist support.

The Grand Lodge started the Royal Masonic Benevolent Annuity Fund for males in 1842 and for females in 1849.

In 1850, the first Home was opened in East Croydon and the Royal Masonic Benevolent Institution (RMBI) was established.

The Home remained in Croydon for over 100 years until 1955 when it was transferred to Harewood Court in Hove after identifying the need for bigger premises.

Today, RMBI Care Co. has 18 care homes in England and Wales and supports older Freemasons, their families and people in the wider community with residential care, nursing and dementia support.

In 2016 the four Masonic charities were brought together to become the Masonic Charitable Foundation (MCF) and the Royal Masonic Benevolent Institution became The Royal Masonic Benevolent Institution Care Company, or RMBI Care Co.

If you would be interested in more information about the RMBI Homes or to check on availability then contact the Provincial Almoner W.Bro Malcolm Davies here.

Alternatively, if you have any queries regarding admissions, please contact the Resident Placements Manager Debbie Hollands here.

You can also find more details about the RMBI Homes and services and contact them directly here.

Where Am I? - Answer to July's Question

Last Month We Posed The Question.

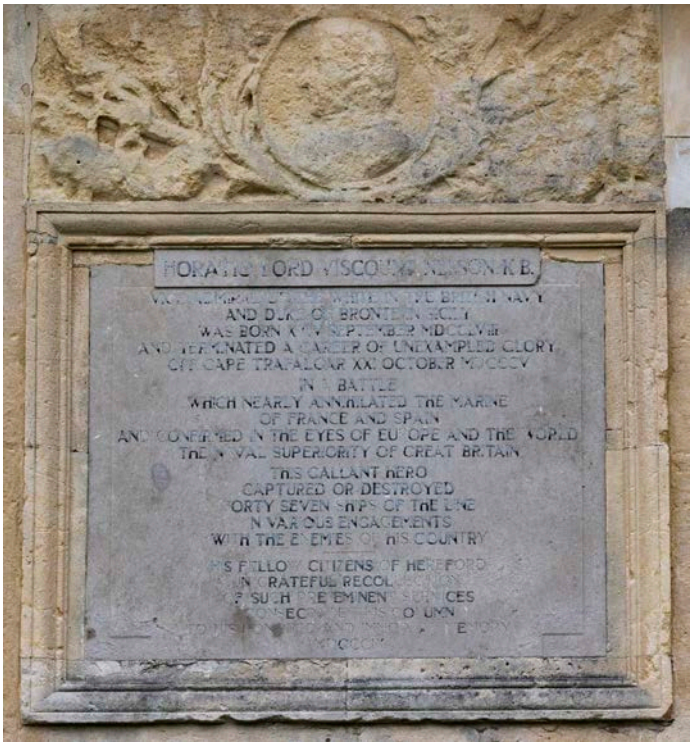
Can you identify this well know Herefordshire Landmark?

- I was erected by public subscription
- My foundation stone was laid by Freemasons under the aegis of Palladian Lodge No 120 on 2nd April 1806
- The person I commemorate was a Freeman of the City of Hereford
- According to the inscription, tis monument celebrates a person who.....

"Captured or destroyed forty seven ships of the line in various engagements with the enemy of his country."

The answer to the where am I question is of course **Admiral Lord Nelson's Column** on Castle Green. Erected by public subscription, it has a foundation stone laid by the Freemasons under the aegis of The Palladian Lodge No. 120, on 2nd April 1806.

Nelson was a Freeman of the City of Hereford.



T@3

Some light-hearted treats to keep you amused. With thanks to W.Bro Paul Sabel.

Where am I? - Answer to last month's question on Page 14.
For this month, can you identify this well know Herefordshire Landmark?

Described as "A grade II listed building constructed in 1833 as a viewing tower for the popular South Herefordshire market town."

The tower is built of red sandstone and contains three floors approached by vertical ladders leading to a viewing platform at the top.

Where am I?

Answer next month

Answers to the Word Search from the July edition.
This month's is on page 16.

Wimbledon Top 10 Seeds + Andy

D R H P U G L N O C J Z F P P N M U V Y R C V I
Q **V E L B U R** P **B** F A Y B J H I V R N **N I N E K**
Y J T H Z N B **E** U S V S B X H J A W L I V F T M
L S G **S** L J **N S H A P O V A L O V** R S M V A N S
I R **P** Q **C C** T J D G K O I F L P M M K L P C W D
G N I **L I H** U I B N **B** W G **U C S E E R D N A** Z M
G Q R **C I** B **W** I E Y **A** V H J V E U V Z V X I **A** A
J **K** R W Q **S** Z **A** O S **R** H S G J L B Z P T U **K** L A
J **E** C X K O **K** L **R** K **T** U F M W V L Q O G **N** E T F
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I P **E T** G I D A E **W I P** R I **I** F F H K **E** W F N E
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A J **E A** N G V F B G P J W **S O** N C X F Y V U W F
G K **D B I N I T T E R R E B V** A Y P K M F H A E
A W **E** J D Z T Z T R X L G F **A** R G K X E M E Q V
N L **F** J P U V Z G Z H X X Z H V M J F E E I L P

Murray Kvitova Bencic Pliskova Wiatek Williams Andreescu
Kenin Svitolina Sabalenka Barty Shapovalov Schwartzman
Bautista Agut Berrettini Federer Rublev Zverev Tsitsipas
Medvedev Djokovic

This Month's Word Search

Can you find the Olympic Disciplines below?

Olympic Disciplines

M C P I R R J Q V X C A N O E S P R I N T T L X
R A R T I S T I C G Y M N A S T I C S U N T X M
S E Q U E S T R I A N E V E N T I N G H G K P R
W F C U S H O O T I N G H T A B S F D K T J D A
I R B A S K E T B A L L F G E W R X K B F S A O
M O B W A S C I T E L H T A U N J A A W Y U D G
M A V G N I L C Y C K C A R T P N D B N R U O K
I D F H A N D B A L L F V H E O M I C C J L T F
N C J S Y S A I L I N G O N L I Q H S A F Q C V
G Y E U W J O V H S X C T O N R R U O R K N O T
A C K Q R D N E N R K A P T O O K F P J T L R A
P L I W E A S L B E T R O P N A X L A R L I J W
M I B R G R Z M Y H E N Y I V O T E A E A N X G
C N N E A C X X L T I T S B O L O M Y T D J F W
A G I S S H C O A G Z E J L R X P B H J F K Y C
N I A T S E N W N D D R L I H O A L C O F A M Q
O Q T L E R A I F S D A S O L L O M U Y B G U R
E T N I R Y W Y W O B D W I L N O G N I X O B V
S U U N D O E I V T S I N N E T E L B A T J B X
L E O G R U M F O R W E M P T A E K W O N D O I
A I M L U M G O F E N C I N G O H T L B N Y C O
L R T H I R F E Q U E S T R I A N J U M P I N G
O J T N W E I G H T L I F T I N G D Q R G B I G
M T G D I V I N G A F P X E G Y M N A S T I C S

Synchronised Swimming Artistic Gymnastics Weightlifting Water Polo
Triathlon Trampoline Track Cycling Tennis Taekwondo
Table Tennis Shooting Sailing Rugby Rowing Road Cycling
Mountain Bike Pentathlon Swimming Judo Hockey Handball
Golf Wrestling Football Fencing Equestrian Jumping
Equestrian Eventing Dressage Diving Canoe Sprint Canoe Slalom
Boxing BMX Volleyball Badminton Athletics Gymnastics
Archery Basketball